Memorial Sloan Kettering Cancer Center

[redacted] / [redacted]

[redacted]

[redacted] 9 [redacted] :[redacted]

[redacted] ([redacted])

[redacted]

[redacted] :[redacted]

- [redacted]
- [redacted]
- [redacted]
- [redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted] 3 [redacted]:

- [redacted]
- [redacted]
- [redacted]

[redacted]

[redacted]

[redacted]

[redacted] (1). [redacted] (1) [redacted] (1) [redacted] (1).

1.

.1

About Hypoglycemia (Low Blood Sugar) (https://sandbox18.mskcc.org/cancer-care/patient-education/about-hypoglycemia-low-blood-sugar).

[redacted]

[redacted]

[redacted]

2. [redacted]

[redacted]

[redacted]

[redacted]:

- [redacted] ¾ [redacted]
- ½ [redacted]
- 3 [redacted] ([redacted]).
- [redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted]

1: [redacted]

2: [redacted]

3: [redacted] (3) [redacted]

4: [redacted] (3) [redacted]

[redacted]

[redacted] ™Cheerios [redacted] (4) [redacted] 3 [redacted]

.3

Cheerios

.4

[redacted]
[redacted] %1 [redacted]

[redacted] Cheerios: **29** [redacted] [redacted]
[redacted] **12** :%1 [redacted]
[redacted] **41** = [redacted] 12 + [redacted] 29

[redacted] Cheerios [redacted] [redacted]
½ 1 [redacted] 41 [redacted] %1
[redacted] %1 [redacted] Cheerios [redacted] ([redacted] 32) [redacted]
[redacted] Cheerios [redacted] [redacted]
[redacted]

[redacted]
[redacted]

[redacted]

- [redacted] ([redacted]) [redacted]
[redacted] [redacted] [redacted] [redacted] [redacted]
[redacted] [redacted] [redacted] [redacted] [redacted]
[redacted] ([redacted] 5).
- [redacted] [redacted]
[redacted] [redacted] [redacted] [redacted]
([redacted] 5).

[redacted] .5 [redacted]
[redacted]
[redacted]
[redacted]

[redacted]

[redacted] www.MyFitnessPal.com [redacted] www.CalorieKing.com [redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted] (https://sandbox18.mskcc.org/ar/cancer-care/patient-education/eating-well-during-your-treatment) [redacted]

[redacted]

- [redacted]
- [redacted]
- [redacted]
- [redacted]
- [redacted]
- [redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted]:

- [redacted]
- [redacted]
- [redacted]
- [redacted]
- [redacted]

Managing Nausea and Vomiting [redacted] ((https://sandbox18.mskcc.org/cancer-care/patient-education/nausea-and-vomiting [redacted]

[redacted]

[redacted]:

- [redacted]
- [redacted]
- [redacted]
- [redacted]
- [redacted]

Managing Taste Changes During [redacted]

Chemotherapy (https://sandbox18.mskcc.org/cancer-care/patient-education/managing-taste-changes-[redacted] (during-chemotherapy

[redacted]

[redacted]

- [redacted]
- [redacted]
- [redacted]

[redacted]

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to .reach your healthcare provider, call 212-639-2000

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[redacted] www.mskcc.org/pe

How To Improve Your Blood Sugar With Your Diet - Last updated on November 20, 2023 [redacted] *Memorial Sloan Kettering* [redacted]