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1. **Definieren Sie die Begriffe „Kultur“ und „Werte“.**
 2. **Welche Rolle spielen Werte in der Unternehmenskultur?**
 3. **Nennen Sie drei Beispiele für Werte, die in einer Unternehmenskultur verankert sein könnten.**
 4. **Wie können Werte in der Unternehmenskultur verankert werden?**
 5. **Welche Auswirkungen hat eine starke Unternehmenskultur auf das Verhalten der Mitarbeiter?**
 6. **Wie kann eine Unternehmenskultur verändert werden?**
 7. **Welche Rolle spielen Führungskräfte bei der Gestaltung der Unternehmenskultur?**
 8. **Nennen Sie drei Beispiele für Maßnahmen, die zur Veränderung der Unternehmenskultur beitragen können.**
 9. **Wie kann eine Unternehmenskultur als Wettbewerbsvorteil genutzt werden?**
 10. **Welche Herausforderungen können bei der Veränderung der Unternehmenskultur auftreten?**

1. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 2. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 3. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 4. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 5. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 6. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 7. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 8. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 9. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 10. 在 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，

THE UNIVERSITY OF CHICAGO

- 2000-2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022 2023 2024 2025 2026 2027 2028 2029 2030 2031 2032 2033 2034 2035 2036 2037 2038 2039 2040 2041 2042 2043 2044 2045 2046 2047 2048 2049 2050 2051 2052 2053 2054 2055 2056 2057 2058 2059 2060 2061 2062 2063 2064 2065 2066 2067 2068 2069 2070 2071 2072 2073 2074 2075 2076 2077 2078 2079 2080 2081 2082 2083 2084 2085 2086 2087 2088 2089 2090 2091 2092 2093 2094 2095 2096 2097 2098 2099 2100 2101 2102 2103 2104 2105 2106 2107 2108 2109 2110 2111 2112 2113 2114 2115 2116 2117 2118 2119 2120 2121 2122 2123 2124 2125 2126 2127 2128 2129 2130 2131 2132 2133 2134 2135 2136 2137 2138 2139 2140 2141 2142 2143 2144 2145 2146 2147 2148 2149 2150 2151 2152 2153 2154 2155 2156 2157 2158 2159 2160 2161 2162 2163 2164 2165 2166 2167 2168 2169 2170 2171 2172 2173 2174 2175 2176 2177 2178 2179 2180 2181 2182 2183 2184 2185 2186 2187 2188 2189 2190 2191 2192 2193 2194 2195 2196 2197 2198 2199 2200 2201 2202 2203 2204 2205 2206 2207 2208 2209 2210 2211 2212 2213 2214 2215 2216 2217 2218 2219 2220 2221 2222 2223 2224 2225 2226 2227 2228 2229 2230 2231 2232 2233 2234 2235 2236 2237 2238 2239 2240 2241 2242 2243 2244 2245 2246 2247 2248 2249 2250 2251 2252 2253 2254 2255 2256 2257 2258 2259 2260 2261 2262 2263 2264 2265 2266 2267 2268 2269 2270 2271 2272 2273 2274 2275 2276 2277 2278 2279 2280 2281 2282 2283 2284 2285 2286 2287 2288 2289 2290 2291 2292 2293 2294 2295 2296 2297 2298 2299 2300 2301 2302 2303 2304 2305 2306 2307 2308 2309 2310 2311 2312 2313 2314 2315 2316 2317 2318 2319 2320 2321 2322 2323 2324 2325 2326 2327 2328 2329 2330 2331 2332 2333 2334 2335 2336 2337 2338 2339 2340 2341 2342 2343 2344 2345 2346 2347 2348 2349 2350 2351 2352 2353 2354 2355 2356 2357 2358 2359 2360 2361 2362 2363 2364 2365 2366 2367 2368 2369 2370 2371 2372 2373 2374 2375 2376 2377 2378 2379 2380 2381 2382 2383 2384 2385 2386 2387 2388 2389 2390 2391 2392 2393 2394 2395 2396 2397 2398 2399 2400 2401 2402 2403 2404 2405 2406 2407 2408 2409 2410 2411 2412 2413 2414 2415 2416 2417 2418 2419 2420 2421 2422 2423 2424 2425 2426 2427 2428 2429 2430 2431 2432 2433 2434 2435 2436 2437 2438 2439 2440 2441 2442 2443 2444 2445 2446 2447 2448 2449 2450 2451 2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2467 2468 2469 2470 2471 2472 2473 2474 2475 2476 2477 2478 2479 2480 2481 2482 2483 2484 2485 2486 2487 2488 2489 2490 2491 2492 2493 2494 2495 2496 2497 2498 2499 2500 2501 2502 2503 2504 2505 2506 2507 2508 2509 2510 2511 2512 2513 2514 2515 2516 2517 2518 2519 2520 2521 2522 2523 2524 2525 2526 2527 2528 2529 2530 2531 2532 2533 2534 2535 2536 2537 2538 2539 2540 2541 2542 2543 2544 2545 2546 2547 2548 2549 2550 2551 2552 2553 2554 2555 2556 2557 2558 2559 2560 2561 2562 2563 2564 2565 2566 2567 2568 2569 2570 2571 2572 2573 2574 2575 2576 2577 2578 2579 2580 2581 2582 2583 2584 2585 2586 2587 2588 2589 2590 2591 2592 2593 2594 2595 2596 2597 2598 2599 2600 2601 2602 2603 2604 2605 2606 2607 2608 2609 2610 2611 2612 2613 2614 2615 2616 2617 2618 2619 2620 2621 2622 2623 2624 2625 2626 2627 2628 2629 2630 2631 2632 2633 2634 2635 2636 2637 2638 2639 2640 2641 2642 2643 2644 2645 2646 2647 2648 2649 2650 2651 2652 2653 2654 2655 2656 2657 2658 2659 2660 2661 2662 2663 2664 2665 2666 2667 2668 2669 2670 2671 2672 2673 2674 2675 2676 2677 2678 2679 2680 2681 2682 2683 2684 2685 2686 2687 2688 2689 2690 2691 2692 2693 2694 2695 2696 2697 2698 2699 2700 2701 2702 2703 2704 2705 2706 2707 2708 2709 2710 2711 2712 2713 2714 2715 2716 2717 2718 2719 2720 2721 2722 2723 2724 2725 2726 2727 2728 2729 2730 2731 2732 2733 2734 2735 2736 2737 2738 2739 2740 2741 2742 2743 2744 2745 2746 2747 2748 2749 2750 2751 2752 2753 2754 2755 2756 2757 2758 2759 2760 2761 2762 2763 2764 2765 2766 2767 2768 2769 2770 2771 2772 2773 2774 2775 2776 2777 2778 2779 2780 2781 2782 2783 2784 2785 2786 2787 2788 2789 2790 2791 2792 2793 2794 2795 2796 2797 2798 2799 2800 2801 2802 2803 2804 2805 2806 2807 2808 2809 2810 2811 2812 2813 2814 2815 2816 2817

• Eat foods rich in protein, such as chicken, fish, pork, beef, lamb, eggs, milk, cheese, beans, nuts or nut butters, and soy foods.

- Drink Double Milk and use it in recipes that call for milk or water, such as instant pudding, cocoa, omelets, and pancake mixes. To make Double Milk, mix 1 envelope (about 1 cup) of non-fat dry milk powder and 1 quart of whole milk in a blender. Store it in the refrigerator.
- Use Double Milk or ready-to-drink nutritional supplements (such as Ensure®) in hot or cold cereals.
- Add cheese and diced, cooked meats to your omelets or quiches.

• Eat foods rich in protein, such as chicken, fish, pork, beef, lamb, eggs, milk, cheese, beans, nuts or nut butters, and soy foods.

- Drink Double Milk and use it in recipes that call for milk or water, such as instant pudding, cocoa, omelets, and pancake mixes. To make Double Milk, mix 1 envelope (about 1 cup) of non-fat dry milk powder and 1 quart of whole milk in a blender. Store it in the refrigerator.
- Use Double Milk or ready-to-drink nutritional supplements (such as Ensure®) in hot or cold cereals.
- Add cheese and diced, cooked meats to your omelets or quiches.

- Add unflavored protein powder to creamy soups, mashed potatoes, shakes, and casseroles.
- Snack on cheese or nut butters (such as peanut butter, cashew butter, and almond butter) with crackers.
- Spread nut butters on apples, bananas, or celery.
- Try apple slices with cheese wedges and honey drizzled on top.
- Blend a nut butter into your shakes or smoothies.
- Snack on nuts, sunflower, or pumpkin seeds.
- Add nuts and seeds to breads, muffins, pancakes, cookies, and waffles.
- Try hummus with pita bread. Use hummus as a spread on sandwiches or add a spoonful to your salad.
- Add cooked meats to soups, casseroles, and salads.
- Add wheat germ, ground nuts, chia seeds, or ground flax seeds to cereals, casseroles, and yogurt.
- Choose Greek style yogurts over regular yogurt.
- Eat desserts made with eggs, such as pound cake, puddings, custards, and cheesecakes.
- Add extra eggs or egg whites to custards, puddings, quiches, pancake batter, French toast egg wash, scrambled eggs, or omelets.
- Add grated cheese to sauces, vegetables, and soups. You can also add it to baked or mashed potatoes, casseroles, and salads.
- Add cottage cheese or ricotta cheese to casseroles, pasta dishes, or egg dishes.
- Melt cheese on hamburgers and breaded cutlets.
- Add chickpeas, kidney beans, tofu, hard-boiled eggs, nuts, seeds, and cooked meats or fish to your salads.
- Use pasteurized bone broth for soups and stews.



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1. The Board of Directors shall have the authority to declare dividends on the common stock of the Corporation, subject to the approval of the stockholders.

1. **Összefoglaló**
 A dokumentum célja, hogy megismerhesse a felhasználó a különböző típusú élelmiszerek és italok tápanyagtartalmát, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára. A dokumentum tartalmazza a különböző típusú élelmiszerek és italok tápanyagtartalmát, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára.

2. **Bevezetés**
 A táplálkozás az egyik legfontosabb tényező a szervezet egészségének megőrzésében. A megfelelő táplálkozás segíti a szervezet működését, és megakadályozza a különböző betegségek kialakulását. A dokumentum célja, hogy megismerhesse a felhasználó a különböző típusú élelmiszerek és italok tápanyagtartalmát, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára.

3. **Tápanyagtartalom**
 A táplálékot az élelmiszer és az italokból áll. Az élelmiszer a szervezet számára szükséges tápanyagokat tartalmazza, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára. Az italok a szervezet számára szükséges folyadékot tartalmazza, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára.

- **Élelmiszer**
- **Ital**
- **Tápanyag**

Élelmiszer	Ital
Osmolite® 1 Cal (Abbott)	8- Élelmiszer : <ul style="list-style-type: none"> • 250 Élelmiszer • 10.5 Élelmiszer
Isosource® HN (Nestlé)	8- Élelmiszer : <ul style="list-style-type: none"> • 300 Élelmiszer • 13.5 Élelmiszer
Glytrol® Élelmiszer (Nestlé)	8- Élelmiszer : <ul style="list-style-type: none"> • 250 Élelmiszer • 11.3 Élelmiszer

4. **Összefoglaló**
 A dokumentum célja, hogy megismerhesse a felhasználó a különböző típusú élelmiszerek és italok tápanyagtartalmát, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára. A dokumentum tartalmazza a különböző típusú élelmiszerek és italok tápanyagtartalmát, és meg tudja határozni, hogy melyek a legalkalmasabbak a szervezet számára.

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●●●●●●●● ●●●●●● (Abbott)	●●●●●● 8-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 255 ●●●●●●●●●●• 9 ●●●●●● ●●●●●●●●●●
Boost® Original (Nestlé)	●●●●●● 8-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 240 ●●●●●●●●●●• 10 ●●●●●● ●●●●●●●●●●
●●●●●●●● ●●●●●● (Abbott)	●●●●●● 8-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 350 ●●●●●●●●●●• 13 ●●●●●● ●●●●●●●●●●
●●●●●●●● ●●●●●● (Nestlé)	●●●●●● 8-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 360 ●●●●●●●●●●• 14 ●●●●●● ●●●●●●●●●●
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●●●● ●●●●●●●●●●●● ●●●●●●●●●● ●●●●● (Abbott)	●●●●●● 8-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 160 ●●●●●●●●●●• 16 ●●●●●● ●●●●●●●●●●
●●●● ●●●●●●●●●●●● ●●●●●●●●●● (Nestlé)	●●●●●● 8-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 240 ●●●●●●●●●●• 20 ●●●●●● ●●●●●●●●●●
●●●●●●●●●●●● ●●●●●●●●●●●● ●●●●●● (Abbott)	●●●●●● 4-●●●●●● ●●●●●●●●●●: <ul style="list-style-type: none">• 220 ●●●●●●●●●●• 9 ●●●●●● ●●●●●●●●●●
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Glucerna® Shake (Abbott) (Glucerna® Shake (Abbott))
Glucerna® Shake (Abbott) is a complete, balanced, and easy-to-digest meal replacement. It contains essential vitamins and minerals, and is suitable for people with diabetes. | **Glucerna® Shake (Abbott)**

- Glucerna® Shake (Abbott)
- Glucerna® Shake (Abbott)
- Glucerna® Shake (Abbott)

Glucerna® Shake (Abbott)	Glucerna® Shake (Abbott)
Glucerna® Shake (Abbott)	Glucerna® Shake (Abbott) 8-10g protein per serving: <ul style="list-style-type: none">• 180g (6.3oz) container• 10g protein per serving
Glucerna® Shake (Abbott)	Glucerna® Shake (Abbott) 8-10g protein per serving: <ul style="list-style-type: none">• 250g (8.8oz) container• 14g protein per serving
Glytrol Vanilla (Nestlé)	Glytrol Vanilla (Nestlé) 8-10g protein per serving: <ul style="list-style-type: none">• 250g (8.8oz) container• 11.3g protein per serving

Glucerna® Shake (Abbott) (Glucerna® Shake (Abbott))
Glucerna® Shake (Abbott) is a complete, balanced, and easy-to-digest meal replacement. It contains essential vitamins and minerals, and is suitable for people with diabetes. | **Glucerna® Shake (Abbott)**

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Glucerna® Shake (Abbott)	Glucerna® Shake (Abbott)
Glucerna® Shake (Abbott)	Glucerna® Shake (Abbott) 8-10g protein per serving: <ul style="list-style-type: none">• 250g (8.8oz) container

	<ul style="list-style-type: none"> • 9
(Nestlé)	<p>8-:</p> <ul style="list-style-type: none"> • 250 • 9
Resource® Diabetishield (Nestlé)	<p>8-:</p> <ul style="list-style-type: none"> • 150 • 7 • 30

- **2017** **2018** **2019** **2020** **2021** **2022** **2023** **2024** **2025** **2026** **2027** **2028** **2029** **2030** **2031** **2032** **2033** **2034** **2035** **2036** **2037** **2038** **2039** **2040** **2041** **2042** **2043** **2044** **2045** **2046** **2047** **2048** **2049** **2050** **2051** **2052** **2053** **2054** **2055** **2056** **2057** **2058** **2059** **2060** **2061** **2062** **2063** **2064** **2065** **2066** **2067** **2068** **2069** **2070** **2071** **2072** **2073** **2074** **2075** **2076** **2077** **2078** **2079** **2080** **2081** **2082** **2083** **2084** **2085** **2086** **2087** **2088** **2089** **2090** **2091** **2092** **2093** **2094** **2095** **2096** **2097** **2098** **2099** **2100** **2101** **2102** **2103** **2104** **2105** **2106** **2107** **2108** **2109** **2110** **2111** **2112** **2113** **2114** **2115** **2116** **2117** **2118** **2119** **2120** **2121** **2122** **2123** **2124** **2125** **2126** **2127** **2128** **2129** **2130** **2131** **2132** **2133** **2134** **2135** **2136** **2137** **2138** **2139** **2140** **2141** **2142** **2143** **2144** **2145** **2146** **2147** **2148** **2149** **2150** **2151** **2152** **2153** **2154** **2155** **2156** **2157** **2158** **2159** **2160** **2161** **2162** **2163** **2164** **2165** **2166** **2167** **2168** **2169** **2170** **2171** **2172** **2173** **2174** **2175** **2176** **2177** **2178** **2179** **2180** **2181** **2182** **2183** **2184** **2185** **2186** **2187** **2188** **2189** **2190** **2191** **2192** **2193** **2194** **2195** **2196** **2197** **2198** **2199** **2200** **2201** **2202** **2203** **2204** **2205** **2206** **2207** **2208** **2209** **2210** **2211** **2212** **2213** **2214** **2215** **2216** **2217** **2218** **2219** **2220** **2221** **2222** **2223** **2224** **2225** **2226** **2227** **2228** **2229** **2230** **2231** **2232** **2233** **2234** **2235** **2236** **2237** **2238** **2239** **2240** **2241** **2242** **2243** **2244** **2245** **2246** **2247** **2248** **2249** **2250** **2251** **2252** **2253** **2254** **2255** **2256** **2257** **2258** **2259** **2260** **2261** **2262** **2263** **2264** **2265** **2266** **2267** **2268** **2269** **2270** **2271** **2272** **2273** **2274** **2275** **2276** **2277** **2278** **2279** **2280** **2281** **2282** **2283** **2284** **2285** **2286** **2287** **2288** **2289** **2290** **2291** **2292** **2293** **2294** **2295** **2296** **2297** **2298** **2299** **2300** **2301** **2302** **2303** **2304** **2305** **2306** **2307** **2308** **2309** **2310** **2311** **2312** **2313** **2314** **2315** **2316** **2317** **2318** **2319** **2320** **2321** **2322** **2323** **2324** **2325** **2326** **2327** **2328** **2329** **2330** **2331** **2332** **2333** **2334** **2335** **2336** **2337** **2338** **2339** **2340** **2341** **2342** **2343** **2344** **2345** **2346** **2347** **2348** **2349** **2350** **2351** **2352** **2353** **2354** **2355** **2356** **2357** **2358** **2359** **2360** **2361** **2362** **2363** **2364** **2365** **2366** **2367** **2368** **2369** **2370** **2371** **2372** **2373** **2374** **2375** **2376** **2377** **2378** **2379** **2380** **2381** **2382** **2383** **2384** **2385** **2386** **2387** **2388** **2389** **2390** **2391** **2392** **2393** **2394** **2395** **2396** **2397** **2398** **2399** **2400** **2401** **2402** **2403** **2404** **2405** **2406** **2407** **2408** **2409** **2410** **2411** **2412** **2413** **2414** **2415** **2416** **2417** **2418** **2419** **2420** **2421** **2422** **2423** **2424** **2425**

Scandical® (Aptalis)
 Scandical® (Aptalis) is a prescription medication used to treat moderate to severe depression. It is a selective serotonin reuptake inhibitor (SSRI). It is taken orally, once daily, with or without food. The most common side effects are nausea, headache, and dizziness. It may also cause weight gain and sexual side effects. It is important to avoid grapefruit and grapefruit juice while taking Scandical.

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Benecalorie® (Nestlé)	Benecalorie® (Nestlé) is a prescription medication used to treat moderate to severe depression. It is a selective serotonin reuptake inhibitor (SSRI). It is taken orally, once daily, with or without food. The most common side effects are nausea, headache, and dizziness. It may also cause weight gain and sexual side effects. It is important to avoid grapefruit and grapefruit juice while taking Benecalorie.
Unjury® (Unjury)	Unjury® (Unjury) is a prescription medication used to treat moderate to severe depression. It is a selective serotonin reuptake inhibitor (SSRI). It is taken orally, once daily, with or without food. The most common side effects are nausea, headache, and dizziness. It may also cause weight gain and sexual side effects. It is important to avoid grapefruit and grapefruit juice while taking Unjury.

Scandical is a prescription medication used to treat moderate to severe depression. It is a selective serotonin reuptake inhibitor (SSRI). It is taken orally, once daily, with or without food. The most common side effects are nausea, headache, and dizziness. It may also cause weight gain and sexual side effects. It is important to avoid grapefruit and grapefruit juice while taking Scandical.

Nepro® (Abbott)	Nepro® (Abbott)
Nepro® (Abbott)	Nepro® (Abbott) is a prescription medication used to treat moderate to severe depression. It is a selective serotonin reuptake inhibitor (SSRI). It is taken orally, once daily, with or without food. The most common side effects are nausea, headache, and dizziness. It may also cause weight gain and sexual side effects. It is important to avoid grapefruit and grapefruit juice while taking Nepro.

()	
()	11- : <ul style="list-style-type: none">• 160• 30• 1
()	24- : <ul style="list-style-type: none">• 180• 30• 3

- Abbott Nutrition
800-258-7677
www.abbottstore.com
 - Aptalis
800-472-2634
<http://store.foundcare.com/aptalis>
 - Carnation
800-289-7313
www.carnationbreakfastessentials.com
 - Nestlé
800-422-ASK2 (800-422-2752)
www.nestle-nutrition.com
- Nutricia
800-365-7354
www.Nutricia-NA.com
 - Unjury
800-517-5111
www.unjury.com
 - Orgain
888-881-GAIN (888-881-4246)
www.orgain.com
 - Kate Farms
805-845-2446
www.katefarms.com

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1. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

2. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

3. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

4. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

5. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

6. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

7. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

8. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

9. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

10. 2023. gada 1. ceturksnī, salīdzinot ar 2022. gada 4. ceturksni, Latvijas iedzīvotāju vidējais mēnešcēloņbūvētais ienākums ir samazinājies par 1,1%, kas ir saistīts ar ekonomiskās aktivitātes samazināšanos un inflācijas ietekmi.

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1. The first part of the document is a title page. It contains the title of the document, the author's name, and the date of the document.

The Commission has been established to investigate the circumstances surrounding the death of the late President John F. Kennedy, and to determine whether any federal agency or official was responsible for the assassination. The Commission will hold public hearings and receive testimony from witnesses and experts. The Commission's report will be submitted to the President of the United States.

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2020 年 12 月 31 日，本公司 2020 年年度股东大会审议通过，
 2021 年 1 月 1 日起，本公司 2020 年年度股东大会审议通过 2020 年
 度利润分配方案，2021 年 1 月 1 日起，本公司 2020 年年度股东大会
 审议通过 2020 年年度利润分配方案，2021 年 1 月 1 日起，本公司 2020 年
 度利润分配方案，2021 年 1 月 1 日起，本公司 2020 年年度股东大会

[illegible]

1. 2023年12月31日，公司总资产为1,234,567,890.12元，净资产为567,890,123.45元，营业收入为123,456,789.01元，净利润为12,345,678.90元。

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1. 2019年12月31日，公司总资产为1,000,000,000.00元，净资产为500,000,000.00元，营业收入为1,200,000,000.00元，净利润为100,000,000.00元。

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1. 本報告係根據本公司及子公司於民國112年1月1日至12月31日止之財務資料編製，其內容係根據會計師查核簽證之財務報告資料編製，其內容與會計師查核簽證之財務報告資料無異。

- **Glucose**
- **Fructose** **Sucrose**
- **Galactose** **Maltose** **Lactose** **Mannose** **Sorbitol**
- **Starch**
- **Cellulose** **Hemicellulose** **Pectin** **Chitin** **Chitosan** **Alginate** **Carrageenan** **Agar**
- **Glucose** (sorbitol) **Fructose** (mannitol), **Galactose** (lactulose) **Starch** (dextran) **Cellulose** (microcrystalline cellulose) **Chitin** (chitosan)

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8. 2019. gada 10. (8. oktobra) pasākuma laikā
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- [REDACTED] / [REDACTED] [REDACTED] [REDACTED] [REDACTED]
- [REDACTED] Pedialyte®
- [REDACTED] / [REDACTED]
- [REDACTED] [REDACTED] [REDACTED] / [REDACTED]
[REDACTED], [REDACTED] Nuun®
- [REDACTED], [REDACTED] / [REDACTED],
[REDACTED] DripDrop®
- [REDACTED] / [REDACTED], [REDACTED]
Propel®
- [REDACTED]-[REDACTED] [REDACTED] [REDACTED] [REDACTED]
[REDACTED] [REDACTED] [REDACTED] [REDACTED] [REDACTED]

[REDACTED], "[REDACTED] [REDACTED]" [REDACTED]

QUESTION

2000 年， 中国 政府 颁布 了 《 中国 21 世纪 议程 》， 明确 了 中国 在 21 世纪 的 发展 目标 和 任务 。 在 这个 目标 和 任务 中 ， 中国 政府 提出 了 一个 重要 的 任务 ， 就是 要 在 21 世纪 的 前 10 年 内 ， 使 中国 的 经济 和 社会 发展 水平 达到 世界 中等 国家 的 水平 。 这个 任务 的 提出 ， 是 中国 政府 在 21 世纪 的 前 10 年 内 ， 使 中国 的 经济 和 社会 发展 水平 达到 世界 中等 国家 的 水平 的 重要 任务 。 这个 任务 的 提出 ， 是 中国 政府 在 21 世纪 的 前 10 年 内 ， 使 中国 的 经济 和 社会 发展 水平 达到 世界 中等 国家 的 水平 的 重要 任务 。

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<p>  </p> <p> ҚАЗАҚСТАН РЕСПУБЛИКАСЫНЫҢ БІЛІМ ЖӘНЕ ҒЫЛЫМ МИНИСТРЛІГІ </p> <p> Астана қаласы № _____ </p>	<p> Астана қаласы № _____ </p>
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1. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 2. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 3. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 4. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 5. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 6. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 7. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 8. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 9. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，
 10. 2019 年 12 月 31 日，本公司在 2019 年 12 月 31 日，

- **Сторона, которая не исполнила обязательства, несет ответственность за возмещение ущерба, причиненного неисполнением обязательств.**
(**ст. 1069 ГК РФ**)
- **Сторона, которая не исполнила обязательства, несет ответственность за возмещение ущерба, причиненного неисполнением обязательств.**
(**ст. 1069 ГК РФ**)

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THE UNIVERSITY OF CHICAGO

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- **Geometrische Optik** - Beschreibt die Ausbreitung von Lichtstrahlen
 - **Wellenoptik**
- Geometrische Optik** beschreibt die Ausbreitung von Lichtstrahlen, die sich in geraden Linien ausbreiten. Sie ist die Grundlage für die Konstruktion von optischen Systemen wie Linsen, Spiegeln und Prismen.
- Wellenoptik** beschreibt die Ausbreitung von Licht als Wellen. Sie ist notwendig, um Phänomene wie Beugung, Interferenz und Dispersion zu erklären.

- **RESEARCH** **THE** **RESEARCH**
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- 2030-2039: 100%

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THE UNIVERSITY OF CHICAGO

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- **2010-2011** **2012-2013** **2014-2015** **2016-2017** **2018-2019** **2020-2021** **2022-2023** **2024-2025** **2026-2027** **2028-2029** **2030-2031** **2032-2033** **2034-2035** **2036-2037** **2038-2039** **2040-2041** **2042-2043** **2044-2045** **2046-2047** **2048-2049** **2050-2051** **2052-2053** **2054-2055** **2056-2057** **2058-2059** **2060-2061** **2062-2063** **2064-2065** **2066-2067** **2068-2069** **2070-2071** **2072-2073** **2074-2075** **2076-2077** **2078-2079** **2080-2081** **2082-2083** **2084-2085** **2086-2087** **2088-2089** **2090-2091** **2092-2093** **2094-2095** **2096-2097** **2098-2099** **2100-2101** **2102-2103** **2104-2105** **2106-2107** **2108-2109** **2110-2111** **2112-2113** **2114-2115** **2116-2117** **2118-2119** **2120-2121** **2122-2123** **2124-2125** **2126-2127** **2128-2129** **2130-2131** **2132-2133** **2134-2135** **2136-2137** **2138-2139** **2140-2141** **2142-2143** **2144-2145** **2146-2147** **2148-2149** **2150-2151** **2152-2153** **2154-2155** **2156-2157** **2158-2159** **2160-2161** **2162-2163** **2164-2165** **2166-2167** **2168-2169** **2170-2171** **2172-2173** **2174-2175** **2176-2177** **2178-2179** **2180-2181** **2182-2183** **2184-2185** **2186-2187** **2188-2189** **2190-2191** **2192-2193** **2194-2195** **2196-2197** **2198-2199** **2200-2201** **2202-2203** **2204-2205** **2206-2207** **2208-2209** **2210-2211** **2212-2213** **2214-2215** **2216-2217** **2218-2219** **2220-2221** **2222-2223** **2224-2225** **2226-2227** **2228-2229** **2230-2231** **2232-2233** **2234-2235** **2236-2237** **2238-2239** **2240-2241** **2242-2243** **2244-2245** **2246-2247** **2248-2249** **2250-2251** **2252-2253** **2254-2255** **2256-2257** **2258-2259** **2260-2261** **2262-2263** **2264-2265** **2266-2267** **2268-2269** **2270-2271** **2272-2273** **2274-2275** **2276-2277** **2278-2279** **2280-2281** **2282-2283** **2284-2285** **2286-2287** **2288-2289** **2290-2291** **2292-2293** **2294-2295** **2296-2297** **2298-2299** **2300-2301** **2302-2303** **2304-2305** **2306-2307** **2308-2309** **2310-2311** **2312-2313** **2314-2315** **2316-2317** **2318-2319** **2320-2321** **2322-2323** **2324-2325** **2326-2327** **2328-2329** **2330-2331** **2332-2333** **2334-2335** **2336-2337** **2338-2339** **2340-2341** **2342-2343** **2344-2345** **2346-2347** **2348-2349** **2350-2351** **2352-2353** **2354-2355** **2356-2357** **2358-2359** **2360-2361** **2362-2363** **2364-2365** **2366-2367** **2368-2369** **2370-2371** **2372-2373** **2374-2375** **2376-2377** **2378-2379** **2380-2381** **2382-2383** **2384-2385** **2386-2387** **2388-2389** **2390-2391** **2392-2393** **2394-2395** **2396-2397** **2398-2399** **2400-2401** **2402-2403** **2404-2405** **2406-2407** **2408-2409** **2410-2411** **2412-2413** **2414-2415** **2416-2417** **2418-2419** **2420-2421** **2422-2423** **2424-2425** **2426-2427** **2428-2429** **2430-2431** **2432-2433** **2434-2435** **2436-2437** **2438-2439** **2440-2441** **2442-2443** **2444-2445** **2446-2447** **2448-2449** **2450-2451** **2452-2453** **2454-2455** **2456-2457** **2458-2459** **2460-2461** **2462-2463** **2464-2465** **2466-2467** **2468-2469** **2470-2471** **2472-2473** **2474-2475** **2476-2477** **2478-2479** **2480-2481** **2482-2483** **2484-2485** **2486-2487** **2488-2489** **2490-2491** **2492-2493** **2494-2495** **2496-2497** **2498-2499** **2500-2501** **2502-2503** **2504-2505** **2506-2507** **2508-2509** **2510-2511** **2512-2513** **2514-2515** **2516-2517** **2518-2519** **2520-2521** **2522-2523** **2524-2525** **2526-2527** **2528-2529** **2530-2531** **2532-2533** **2534-2535** **2536-2537** **2538-2539** **2540-2541** **2542-2543** **2544-2545** **2546-2547** **2548-2549** **2550-2551** **2552-2553** **2554-25**

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doctor for other mouth rinse recommendations.

- Use a straw to drink. This keeps liquids from touching your sore mouth.
- Brush your teeth and tongue, if your doctor or dentist says it's OK.
- Drink more liquids to help to keep your mouth clean.

If you have a sore mouth or throat, trying softer, bland, lukewarm, or cool foods can be helpful. Avoid foods that may increase pain, such as dry foods and foods that are spicy, salty, sour, or acidic.

Follow the eating and drinking guidelines below if your mouth or throat is sore.

Foods to Try	Foods to Avoid
<p>Bland, soft, puréed foods, such as:</p> <ul style="list-style-type: none"> • Plain casseroles, mashed potatoes, macaroni and cheese, and scrambled eggs • Soft-cooked or puréed chicken and fish • Creamed soups • Cooked cereals • Baby food (tapioca and plain flavors) • Butter, sour cream, oils, and mild sauces (as tolerated) added to foods • Breads, crackers, and other baked goods dipped in milk or tea <p>Cold foods, such as:</p> <ul style="list-style-type: none"> • Milkshakes, smoothies, yogurts, gelatin, custards, pudding, cottage cheese, and nutritional supplements like Ensure 	<p>Rough or dry foods, such as:</p> <ul style="list-style-type: none"> • Dry meats • Dry breads, crackers, and pretzels • Coarse, raw fruits and vegetables <p>Spicy, salty, and acidic foods, such as:</p> <ul style="list-style-type: none"> • Foods made with large amounts of spices, such as pepper or chili powder • Foods high in salt or made with vinegar • Citrus fruit products (such as orange juice and lemonade) • Tomato products (such as pasta sauce, tomato juice, or tomato soup)

- If meats taste bitter, try marinating them in sauces or fruit juices or squeeze lemon juice on them. Only do this if your mouth isn't sore.
- Include meat substitutes (such as dairy products and beans) for protein.
- Use plastic utensils.
- Try sugar-free mints or gum.
- Avoid canned food items (such as sauces and soups). Choose items in a glass or plastic jar or a box instead.

If foods taste too sweet

- Add some salt to the food.
- Dilute sweet drinks with water.
- If everything tastes sweet, try more acidic foods, such as foods with lemon.

If foods taste or smell different than usual

- Avoid foods with strong odors (smells). Because beef and fish have the strongest odors, try eating poultry, eggs, and dairy products.
- When cooking, open lids of pots and pans away from you so that the smell moves away from you, not towards you.
- Open windows while cooking if the smell of foods cooking bothers you.
- Choose foods that can be eaten cold or at room temperature. Let foods cool down before eating. Room-temperature or cold foods have less smell than warm foods.
- Experiment with different seasonings and food combinations, such as:
 - Adding sauces to foods.
 - Changing the temperature and texture of foods.
- If your mouth isn't sore, try tart foods (such as lemon wedges or citrus fruits) to stimulate taste.
- Rinse your mouth out before and after you eat.
- Drink small sips of liquid throughout your meals to rinse out the taste of the food.

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Foods to try	Foods to avoid
<p>Starchy, low-fat, bland foods, such as:</p> <ul style="list-style-type: none"> • Dry toast, crackers, and bagels • Angel food cake and vanilla wafers • Sherbet, low-fat ice cream, or frozen yogurt • Gelatin • Canned, unsweetened fruit <p>Cold foods, such as:</p> <ul style="list-style-type: none"> • Cold proteins, such as skinless chicken, cheeses, and yogurts • Light pasta salads • Popsicles • Chilled clear liquids, such as nutritional supplements (Ensure Clear) and juices diluted with water 	<ul style="list-style-type: none"> • High-fat, overly spicy, or overly sweet foods • Fatty meats • Fried foods, such as eggs and French fries • Soups with heavy cream • Creamed vegetables • High-fat, high-sugar pastries, doughnuts, and cookies • Foods made with heavy spices, such as pepper or chili pepper, onion, hot sauce, or salad dressing <p>High-fat foods may stay in your stomach longer and are harder to digest. Many of these foods have strong odors or flavors that can cause nausea or make it worse.</p>

General tips

- Pay attention to the amount of food you eat. Eating too much can stress your stomach.
- Try ready-made foods (such as take-out foods or frozen dinners) to prevent nausea while you cook or make foods. If you need to, ask others to cook for you.
- If food odors make you nauseated:
 - Try cold foods, such as a sandwich or salad. These foods don't smell as strong as hot foods.
 - Leave the area while hot foods are cooking, if you can.
 - Have someone else plate your food for you.
 - Let your food cool down for a few minutes before eating.
 - Avoid places with strong odors.
- Eat small, frequent meals. This can stop you from getting too full and help you take in more food throughout the day.
- Drink most liquids between your meals. This will help you keep from feeling full too fast or feeling bloated.
- Eat slowly and chew your foods well. Avoid activity right after meals. These things help

with digestion.

- Eat your meals in a pleasant setting. For example:
 - Choose a relaxing place that has a comfortable temperature.
 - Eat with friends or family. This may help distract you from your nausea.
 - Wear loose-fitting clothing to stay comfortable.
- If you have nausea in the morning, keep crackers or dry toast next to your bed. Eat them before getting out of bed.
- Avoid eating your favorite foods right before or after treatments. If you're often nauseous during or after treatments, you may start to dislike these foods.

If nausea is a lasting problem for you, it may be useful to keep a food diary. A food diary is a record of the foods you eat, the time you ate them, and the setting in which you ate them. Record any situations when you became nauseated. Discuss this with your doctor, nurse, or clinical dietitian nutritionist.

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1. 将面团分成 12 等份，每份约 15 克。
 2. 将每份面团压扁，中间用拇指压出一个小窝。
 3. 将 1/2 茶匙馅料放入小窝中。
 4. 将面团捏合，封口处用拇指压平。
 5. 将做好的小圆饼放入烤盘，间隔约 2 厘米。
 6. 烤箱预热至 180°C，烘烤 10-12 分钟，至表面微黄即可。

7. 将小圆饼放入密封袋，冷却至室温。
 8. 将小圆饼放入密封袋，冷却至室温。

9. 将小圆饼放入密封袋，冷却至室温。
 10. 将小圆饼放入密封袋，冷却至室温。
 11. 将小圆饼放入密封袋，冷却至室温。
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- 将小圆饼放入密封袋，冷却至室温。
- 将小圆饼放入密封袋，冷却至室温。
- 将小圆饼放入密封袋，冷却至室温。*
- Oreo® 饼干*
- M&M's®*
- 巧克力 (将巧克力融化后，加入小圆饼中)
- 将小圆饼放入密封袋，冷却至室温，York® 巧克力酱
- 将小圆饼放入密封袋，冷却至室温。*
- 将小圆饼放入密封袋，冷却至室温。* (将巧克力融化后，加入小圆饼中)

13. 将小圆饼放入密封袋，冷却至室温。
 14. 将小圆饼放入密封袋，冷却至室温。
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17. 将小圆饼放入密封袋，冷却至室温。
 18. 将小圆饼放入密封袋，冷却至室温。

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136 Mountain View Blvd.
Basking Ridge, NJ 07920

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Montvale, NJ 07645
- **Memorial Sloan Kettering Commack Nonna's Garden Foundation Center**
650 Commack Rd.
Commack, NY 11725
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480 Red Hill Rd.
Middletown, NJ 07748
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Uniondale, NY 11553
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West Harrison, NY 10604

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