



PATIENT & CAREGIVER EDUCATION

Relaxation Exercises to Practice Before and During Your MRI

This video will show you how to perform relaxation exercises to practice before and during your MRI.



Please visit www.mskcc.org/pe/relaxation_mri to watch this video.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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