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PATIENT & CAREGIVER EDUCATION

# Treatment for Lymphedema of the Legs

This video explains treatments for lymphedema, and will show you how to perform exercises and stretches that will help keep lymphedema under control.

Please visit  
 [www.mskcc.org/pe/lymphedema\\_legs\\_treatment](http://www.mskcc.org/pe/lymphedema_legs_treatment)  
to watch this video.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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